

Peterborough and Cambridgeshire Specialist Stop Smoking Service



Midwife led clinic

- 12 week personalised plan
- Face to face or telephone support
- FREE Nicotine Replacement Therapy to help manage cravings

Refer directly by

email: eh@healthyyou@nhs.net

call: **0333 005 0093**

text: **HealthyYou to 60777**

visit: healthyyou.org.uk

